

SUMMER SPORTS, CORGÉMONT

# NOÉ THIEL, MOUNTAIN LEADER

a-Hike conceives a concept and accompanies your outings in the nature. We specialize in tailor-made nature events for groups and companies. The team of professionals also offers hikes on public dates for individuals. The thematic palette gives ideas to elaborate an outing adapted to different themes: outings with friends, team building, wild cuisine, snowshoeing, parents-children, yoga, venerable trees, hikers.

## BUSHCRAFT AND SURVIVAL

Re-learn primary gestures, connect to the wilderness and take the time to get back to basics. Reconnect with contentment. Let yourself be a guest of nature. Build a team spirit together. These are the teachings offered during the bushcraft and survival courses.

## GUIDED HIKES

These hikes near your home or abroad allow you to discover the diversity of our environment. The mountain leader guides the group to magical panoramas. The change of scenery and the local gastronomy allow everyone to taste these hikes.

## WILD PLANT COOKING

The wild plant cooking events take you on a gathering walk to discover the local botany. The precious harvest is prepared, then tasted together for the greatest pleasure of the taste buds.

## NIGHT OFFERS

Torches and fondue, tales and legends or full moon outing. Immerse yourself in the darkness, share a convivial moment, listen, then make a sophisticated or primitive tale, mix the fondue to let the alchemy of the moment come to life

## SNOWSHOEING

Outings of one day or several days from the same accommodation or each evening in a new place. Our favorite regions in Switzerland are the Jura and the Alps or neighboring countries.

## GOOD TO KNOW

- Reservation required
- Accessible by public transport, except in exceptional cases



## CONTACT

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